

Executive Press Release

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Raleigh, NC- Meredith Harris, MS, ARNP is recognized by Continental Who's Who as a Pinnacle Professional in the field of Aesthetics in recognition of her role as Nurse Practitioner and Owner of New Life Aesthetics.

A Nurse Practitioner-owned private practice located in Raleigh, North Carolina, New Life Aesthetics specializes in providing medical aesthetics services to those they serve. Established since 2014, the practice seeks to provide a "premier experience for each and every guest, from the very first touch-point."

Always inspired by art and design, and formally educated in women's health, Nurse Practitioner Meredith Harris has dedicated her career to her passion for aesthetic medicine. When asked her advice to newcomers in the industry, Harris states "Don't be in pursuit of money... success comes naturally when you are passionate about offering a premium experience where patients feel that they are treasured by their provider." Attributing her success to her continuing high level of dedicated service, Harris is revered for her remarkable contributions to the industry. An Injection specialist, Harris has attained extensive experience in caring for women, incorporating her lifelong interest in design, aesthetic enhancements, dermal fillers, neurotoxin and more.



Early in her career, Harris attained her undergraduate degree in Physiology and Neuroscience at the University of California and later completed a second undergraduate degree in nursing at Loma Linda University. Later, Harris would go on to graduate Magna Cum Laude from the University of Pennsylvania as a Nurse Practitioner in Women's Health.

In an effort to further enhance her professional development, Harris is a member of several organizations including the International Society of Plastic and Aesthetic Nurses and the National Academy of Dermatology Nurse Practitioners. In recognition of her professional accolades, Harris was recognized with an Award of Excellence for the Best in Nursing by the American Health Council in 2017. She is also one of an elite group of injectors that train for the largest aesthetic company in the world, Allergan. Teaching, training and consulting for other aesthetic medical practices are an additional privilege she is highly sought out for in the industry.

When she is not working, Harris enjoys time with her family, travel, sewing and watercolor.

Harris dedicates this recognition to her wonderful husband, Tom Harris, whom she thanks for his continuing love and support. For more information, please visit http://www.newlifeaesthetics.com/