



Post-care Instructions for SkinTyte II™

Patient response can vary after a SkinTyte treatment. Erythema (redness) is usually noted within a few minutes after the completion of the procedure. A slight sunburn sensation in and around the area treated is also normal and expected. If you experience this reaction, it will subside within a few hours of the treatment.

Until sensitivity has completely subsided, avoid all of the following:

- Use of scented lotions or soaps, exfoliant creams (Retin-A, glycolic/salicylic and alpha-hydroxy acids), acne creams or gels, loofa sponges and aggressive scrubbing
- Hot or cold water- wash with tepid water
- Shaving
- Swimming pools and spas with multiple chemicals/chlorine and severe temperature changes
- Activities that cause excessive perspiration
- A cold compress may be used to provide comfort if the treated area is especially warm. This is rarely needed, but if so, usually within the first 4 hours after the treatment.
- Makeup can be applied immediately after treatment as long as skin is intact and there are no signs of blistering.
- Vitamin E or Aloe Vera applied to the treatment area may provide a soothing effect.

If on the VERY rare occasion the skin is broken or a blister appears, apply an antibiotic ointment and **contact the office immediately**. Keep the affected area moist and avoid direct sunlight.

Subsequent treatments are based upon your clinician's recommendation and are typically done initially in a series of 4-6 treatments, performed 2-3 weeks apart. The number of treatments needed will depend upon your individual condition and your body's response to the light.

The full effects of the SkinTyte treatment appear gradually. It can take 3-6 months for full results, although some patients do see them sooner. Full results have been known to last for up to 6 months, but recent studies have shown that some thermal collagen modifications have lasted up to several years, depending on the rate of the patients aging process.